

Inside: Multicultural History; Buddhist Art



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SAMPAN

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A Jobs Fair at the Chinatown Town Meeting (Pg. 3).

Chinese Question Restaurant Study

A recent study concluding that some Chinese restaurant food is high in fat and sodium - and not as healthful as many Americans believed - has left some Chinese shaking their heads in disbelief.

Undertaken by the Center for Science in the Public Interest, the study involved the testing of 15 popular Chinese dishes purchased at restaurants in a number of American cities. The study showed that some Chinese dishes were particularly high in calories.

"One of the nastiest dishes is Kung Pao Chicken," the report states. "A dinner portion without the rice averaged 1,275 calories, 75 grams of fat (13 of them saturated), and more than 2,600 mg of sodium. That's about a day's worth of fat and sodium crammed into one entree."

While the report criticizes some Chinese food, it does suggest that eating more rice and vegetables with the meal and not eating excess sauce can make Chinese dinners more healthful.

Many Chinese, however, suggest that the media has presented a distorted picture of Chinese food. Many, for example, suggested that Chinese people generally don't have weight problems.

How then, they ask, can Chinese food be so high in fat?

They also suggest that Chinese do not eat Chinese food the same way as many non-Chinese, who tend to lean toward heavier meat dishes. Chinese, in contrast, tend to eat smaller portions of meat with larger portions of rice and vegetables. The emphasis here is on balance - a concept deeply rooted in Chinese culture that is also expressed in the cuisine.

There are also distinctions to be made between Chinese food prepared in restaurants and food prepared at home, which people generally consider somewhat more healthful.

Another factor is the choices people make when they order food in a Chinese restaurant. Because Chinese tend to share dishes, a dish such as Kung Pao Chicken - notorious in the study for having 1,275 calories and 76 grams of fat - would not be eaten by one person. They may also order a wider variety of dishes than some non-Chinese diners because they are more familiar with the food.

Qing Feng Sun, a writer who grew up

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Construction Begins On Chinatown Housing

Six years after it was formed to develop housing for the area's Asian community, the Asian Community Development Corporation (ACDC) received the final go-ahead last week to start construction on its 88-unit Oak Terrace housing development in Chinatown.

Construction, which began immediately, is expected to be completed within the next 14 months. The project's architect is Lawrence K. Cheng Associates, Inc. and the contractor is the Beacon Construction Co.

At its Sept. 23 meeting, the Boston Redevelopment Authority (BRA) approved a number of outstanding financial issues connected with the project. One issue involved the use of a nearby parcel of land - currently used as a parking area - for a construction staging area. The BRA was concerned that it would lose money by allowing ACDC to use the site.

Proposed by ACDC in 1988, the \$13.5 million Oak Terrace project will include 32 two-bedroom, 33 three-bedroom, nine four-bedroom and 14 one-bedroom apartments. Thirty apart-

ments will be low-income Section-8 housing; 30 will be moderate income apartments, and 28 will be market-rate housing. The project is being financed with a \$5 million-plus mortgage from the Massachusetts Housing Finance Agency and another \$1 million-plus construction loan from the Massachusetts Housing and Investment Corp.

In addition, the ACDC has raised an additional \$6.3 million in equity in which investors buy stock to use as tax shelters. The project is also being financed with linkage funds from the city's Neighborhood Housing Trust, with \$250,000 in linkage money coming from the One Lincoln Center/Ruggles Center project.

Before the BRA gave the ACDC project final approval, ACDC board president Jacquie L. Kay and board member Anna Yee thanked the BRA for supporting the organization over the course of the project's development.

Kay pointed out that the project was developed in the late 1980's because of a serious need for housing in the grow-

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ACDC's Oak Terrace Development Team after the BRA gave the project the final go-ahead: (From L) Anna Yee, co-chairperson of ACDC's Oak Terrace Committee; Peter Munkenbeck, Community Builders, Inc.; Jacquie Kay, ACDC board president; Bob Eckstein, Beacon Construction Co.; Carol Lee, ACDC executive director; Lawrence Cheng, project architect; Bonnie Wolf, ACDC assistant director; and Jeffrey Wong, ACDC treasurer.

Interview: Writer Fae Myenne Ng's Novel Inspired by Earlier Chinatown Generations



Fae Myenne Ng

Jerry Bauer photo

In Fae Myenne Ng's recent novel "Bone," a central character is Leon, a merchant seaman who came to "Gold Mountain" with the hope of a better life. But despite years of hard work and a willingness to keep up his end of the bargain, the promise of the new world never materialized. All he has to show for his years of struggle is a suitcase stuffed with rejection letters and the memory of a failed laundry.

In many ways, it was men like Leon, who inhabited American Chinatowns earlier in this century, that inspired Ng's vivid tale about a family living in San Francisco's Chinatown. "I was very

moved by the lives of the old-timers when I was growing up," says Ng, who now lives in New York where she is working on a second novel. "They had very hard lives but in a very important and deep way they were very loving toward the younger generation."

While the Leons of Chinatown represent the end of an era in which Chinatown was largely a "bachelor society" where men lived and worked for years away from their families, her own generation represented a definite break with the past: they were a generation born in the US and planning to stay permanently. They weren't sojourners

imagining a future return to the mother country like some of their elders. Because of this, she says, "They looked at us with a special kind of attention...They were very giving toward the children."

Ng dedicated her story to her great grandfather. Although she says he had a "beautiful Chinese name," immigration officials called him Ah-Sam, a generic name given to many Chinese immigrants, when he arrived here. Although it wasn't his real name, Ng says "there was a kind of dignity in that name. This is what he answered to for many many years."

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IN CHINA

On the Case of Han Dongfang

(The Association of Overseas Hong Kong Chinese for Democracy and Human Rights has sent the following letter to S.E.M. Juan Antonio Samaranch, chairperson of the International Olympic Committee on China's application to host the Year 2000 Olympics in Beijing. Sydney, Australia was recently chosen over Beijing to host the games.)

Dear Mr. Samaranch,

As the world congratulates itself on having achieved major breakthroughs bringing peace to the Middle East, bringing all of us one step closer to the ideals and spirit of the Olympic Games, our organization would like to bring to your attention an action by the Chinese government which is outrageous and in

serious violation of international standards of behavior.

On August 21 this year, Mr. Han Dongfang, a Chinese factory worker who participated in the famous Tiananmen demonstrations of 1989, was returning to China through Hong Kong from his temporary stay in the United States. His visit to the U.S. was officially approved by the Chinese authorities for the purpose of seeking medical treatment. Upon his return, he was taken from his hotel in Canton by the police. Without any formal charges, his belongings were seized and a total of US \$1,600 taken from him to pay for a one-way airfare to Switzerland against his will. The Chinese immigration service then announced that his passport (issued by Chinese

authorities) was no longer valid, and after deporting him to Hong Kong, refused him entry into Chinese territories indefinitely. The only announcement the Chinese government made so far was that Mr. Han had "participated in activities against the Chinese government" during his visit to the US.

We find the incident appalling because it represents a serious and open violation of international standards of behavior. Mr. Han had been arrested without formal charges and his properties taken without reason. He was then deported for a crime for which he had never been tried. Not only had the Chinese government not abided by its own constitution guaranteeing freedom of speech and travel by its citizens, the out-

rageous actions taken by the police and immigration authorities without regard to law also demonstrated a long-standing, purposeful contempt for basic human rights, even for its own citizens, by the Chinese government.

We believe that such incidents would likely become more frequent as the Chinese authorities, in the name of tightening security, prepare the country for hosting an international event like the Olympics. In fact, one of the statements made by the Chinese alleged that Mr. Han had been "used by foreign powers to derail Chinese efforts to host the Olympic Games (according to the pro-Chinese newspaper "Wen Hui Pao," Aug. 19, 1993).

We urge you to take a stand

on this incident. As members of the International Olympics Committee, you have the opportunity to make a statement about the ideals and the expectations of the committee. No nation should be encouraged to continue such uncivilized and violent behavior toward any individual. Left unchallenged, the precedent will lead to the expelling of unaccountable numbers of Chinese dissidents within, and the strangling of those traveling outside, the territory of China. We urge you to make it known to the Chinese government that such an incident will not be tolerated.

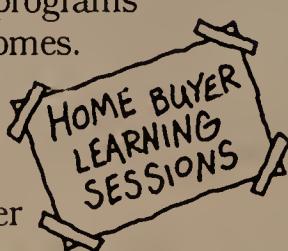
Cordially,
Edward Lau
Chairman, Association of Overseas Hong Kong Chinese for Democracy and Human Rights.

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INSIDE CHINATOWN

Community Seeks Jobs and Business Loans

Finding jobs and low-interest loans for start-up businesses were some of the concerns expressed by members of the area's Asian community who attended the Economic Town Meeting in Chinatown on Sept. 26.

The Town Meeting included a panel discussion on the state of the Boston economy followed by a job and job-training fair. Representatives from a wide range of organizations and job-training programs were available to answer questions and help members of the community fill out job applications.

Sponsored by the Chinatown Coalition of the Healthy Boston Initiative and held at The Sackler Building of Tufts Medical School, the Town Meeting was meant to provide community members with information on potential jobs and job-training programs. The economic downturn in the city has hit the immigrant-worker community of Chinatown fairly hard, according to some members of the community. Especially hard-hit was the restaurant industry, which in the past has been a traditional employer of immigrant labor.

Gerry Kavanaugh, chief of



Town Meeting panelists Douglas Ling of the Cambridge Business Development Center; Gerry Kavanaugh of the BRA; and Suzanne Lee of the Chinese Progressive Association.

staff at the Boston Redevelopment Authority (BRA) and the Economic Development Industrial Corp. of Boston, told the meeting that there are currently three major sectors of growth in the Boston economy: the visitor industry, which includes hotels and conventions; health care and biomedical technology; and education.

While the state's economy has been undergoing a restructuring in recent years, these three sec-

tors have the potential for growth in the 1990s, he said. Kavanaugh suggested that training programs should concentrate on jobs that are available in today's economy.

One potential source of jobs for members of the community is the Central Artery Project, though it remained unclear whether recent immigrants and other members of the Asian community would be able to find

project jobs.

One unemployed construction worker attending the meeting questioned whether construction projects in the area were actually hiring many minorities.

While the Town Meeting served as an occasion to focus attention on the need for jobs and capital to start small businesses, it also pointed out the community's limited resources to provide jobs, job training, and small business loan information to members of the community on a regular basis. Some members of the community, for example, said they were interested in applying for small business loans but didn't know how to find them.

Following the panel discussion, members of the community attended a job and job-training fair upstairs, where a variety of organizations had set up information tables. Many people could be seen filling out job applications and collecting information on job training programs.

Qing Liu, who came to Boston from Shanghai China two

years ago, was one of them. A student in the Asian American Civic Association's medical office skills training program, Liu said he was looking for a job as an office or bank clerk, or a subway conductor. Nearby, Hoi Yim Chau, who was seeking a data entry job, was filling out an application from the New England Medical Center.

Organizations distributing information included Operation A.B.L.E., which provides training for people over 45; the American Red Cross, which was advertising a Nurse Assistant Training Course; the New England Medical Center; the MBTA; United Parcel Service; and the EDIC's Boston Technical Center, which provides job training and placement services for low-income Boston-area residents.

Also on hand were Chinatown agencies such as the Asian Community Development Corporation, which was advertising its Chinatown small business loan fund; and the Asian American Civic Center, which provides a range of job training programs and language classes.

Residents Urged to Report Crimes

A series of daytime crimes occurred in Chinatown this past summer in which necklaces and purses were snatched from people walking on Chinatown streets. In one instance, a person was confronted by a thief wielding a knife.

The crimes were committed in the Tyler Street and Hudson Street area, said Yon Lee, the city's liaison to the Chinese community. He also noted that an elderly man was robbed on an elevator at Tai Tung Village. A family member knew the perpetrator of the crime but

declined to come forward because the person's son was his friend, Lee said.

Lee said that residents have been reluctant to come forward to report the crimes to the police. He emphasized that the best way to deter crime in the neighborhood is to report incidents to the police. Victims or others who know about criminal activity in the neighborhood would not be required to give their names to the police when they report the crimes. "We just want to know the pattern and time," he said.

Lee, in an interview at City Hall, also noted that the police have cracked down on people near the Chinatown Gateway who have been seen washing car windows and requesting money. Lee said the window washers can be stopped because they hold up traffic.

In one recent incident, a man approached a car at the Chinatown Gateway with a dirty piece of newspaper. The driver was visibly annoyed and moved forward in the traffic line before he had the chance to wipe the windshield.

Fighting Employment Discrimination

Employers who are confused about immigration-related hiring laws and residents who feel they have suffered employment discrimination based on national origin or citizenship status can seek help from the

Massachusetts Office for Refugees and Immigrants, which has recently launched an educational campaign to inform people on the issue.

The ORI has developed informational brochures and flyers in various languages, including

Chinese, Vietnamese, and Khmer to help employees better understand their rights. There is also a 24-hour hotline with prerecorded information in various Asian languages: Cantonese 1-800-232-1514; Vietnamese 1-800-232-1523; and Khmer 1-800-232-1518.

According to ORI director Regina Lee, "As labor markets in the state and in the country become increasingly diverse, it becomes more and more important for employers to understand the employee verification process. Employers have always known that it's good business to hire the best qualified workers. Our campaign will help them realize that it's also good business to do it correctly and fairly."

Lee also points out that it is illegal to discriminate against work-authorized people on the basis of national origin or citizenship status, or because they look or sound foreign. Sometimes employers, knowingly or not, go overboard with the verification process and end up discriminating against people."

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ASIAN ARTS

Buddhist Art at Harvard's Sackler Museum

While the Boston Museum of Fine Arts is a well-known source of Asian art in the Boston area, many people may not be aware of the rich collection of Asian art to be found at Harvard University's Arthur M. Sackler Museum.

On display at the Sackler Museum through Jan. 23, 1994 is "Buddhist Art: The Later Tradition," an exhibit that surveys art from the 8th through the 18th centuries A.D. While the exhibit focuses on works from China, Japan and Korea, works from Tibet and Nepal are also included. Most of the works are taken from the museum's permanent collection and a number have been recently acquired. Others are on loan from local private collectors.

The works in the current exhibit cover art from the later period of Buddhism, which came to China in the first century A.D. Because most exhibits of Buddhist art cover only the first millennium of the tradition, the exhibit offers a rare occasion to explore the art of the later period.

The exhibit consists of a variety of works, including many images of Buddhas, or beings who have attained enlightenment and have been released from rebirth in another body. There are also bodhisattvas, beings who have attained enlightenment but have chosen to return to the material world in bodies to help other beings become enlightened.



"Standing Maitreya" from Tibet at the Sackler Museum.

Much of the earliest Buddhist art concentrated on these kinds of images.

As the religion travelled through time and across Asia, it became increasingly popular and also began to reflect the sensibilities of ordinary people. In this stage of the religion's development, Buddhist art sometimes depicts the unfortunate fate awaiting those who live an immoral life.

The most common Buddhist images are perhaps those of the Buddhas themselves. One especially attractive painting - a hanging scroll from Japan -

depicts the historical Buddha Sakyamuni and two attendant Bodhisattvas. Attributed to Takuma Eiga, this work skillfully captures the luminous quality of the Buddhist sensibility as well as the depth and mystery of the enlightenment experience itself. This painting is also considered unusual because the Buddha has a beard.

The art of the more popular form of the religion includes Chinese scroll paintings of the Ten Kings of Hell from the 16th to the 17th century. These works were obviously meant to inspire fear in those who failed to live upright lives. These paintings show the kings of hell dressed like somewhat stern Chinese judges. Dire consequences were certain to befall those who broke the law.

One of the more esoteric scroll paintings in the exhibit is one of "Pu-Tung Ming-wang" (The Immovable One, One of the Five Great Wisdom Kings). Dated from the Qing dynasty in 1764, the work depicts Pu-tung Ming-wang, a wrathful deity of the family of the Esoteric Buddha Aksobhya. This deity was worshipped in great secrecy and only the initiated could behold his image.

Woven of silk with some gold and colors applied, the "tanka" (a Tibetan religious painting in hanging scroll format) shows the influence the art of Tibet had on Chinese painting. What's striking about the work is the contrast between the almost beatific prevailing art styles of the secular world. During the Sung and Yuan Dynasties, elegant figures influenced by a courtly style of art also emerged. This can be seen in the casually reclining figure of "Bodhisattva Kuan-yin Seated in Pose of Royal Ease" from the 10th Century. This bronze sculpture seems distinctly secular in style.

The exhibition also includes celadon ware - ceramics with bluish green glazes - from Korea, as well as a number of intricately carved wooden book covers.

For anyone interested in Chinese art - particularly Buddhist art - the exhibit is well worth seeing. While you're there you can also go upstairs and take a look at some of the earlier works of Buddhist art in the museum's larger collection.

-Robert O'Malley

(The Sackler Museum is located at the corner of Quincy Street and Broadway, adjacent to Harvard Yard in Cambridge. The museum is open daily from 10 am to 5 pm and closed on holidays. Admission is \$4; \$2.50 for non-Harvard students and senior citizens; free for children under 18 and on Saturday mornings before noon. For info. call 495-9400.)

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The next issue of Sampan will be published on Oct. 15, 1993. Press releases and advertisements which require typesetting or artwork are accepted up to Friday, Oct. 8, 1993. Camera-ready ads are accepted up to Monday, Oct. 11, 1993.

Please note: Calendar items are accepted up to Friday, Oct. 8, 1993 for the Oct. 15, 1993 edition.

Brookline Health Department

The Brookline Health Department offers clinics on the third Monday of every month from 2:00 - 6:00 p.m. The following services are offered to any brookline resident:

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ROXBURY COMMUNITY COLLEGE

BOOKS

A History of Multicultural America

Ronald Takaki's "A Different Mirror: A History of Multicultural America" offers a glimpse of the shadow side of the American character. Starting from the New World settlers' earliest contact with American Indians, the book moves through the succeeding phases of the settlement of North America.

Here we find the landing of the first African slaves in Jamestown, Virginia, the ruthless suppression and isolation of the American Indians, the land grab of the Southwest from the Mexicans, and the exclusionary laws that limited the number of Asians who could settle in the New World. The book appropriately ends with the Los Angeles riot of 1992.

Takaki's journey through the darker passages of the American psyche isn't for the fainthearted. This is a hard-hitting book that doesn't mince words. Even-handed and balanced, it serves as a compendium of the wrongs committed against American immigrant groups whose physical characteristics and behaviors didn't fit snugly into the Anglo-Saxon mold and its accompanying ideal - an ideal hinted at by American founding fathers such as Thomas Jefferson and Benjamin Franklin.

While Americans generally view Jefferson as a staunch believer in freedom and equality because of the words he penned in declaring America's independence from England, Takaki's research may lead readers to see Jefferson in a somewhat different light. Although a brilliant thinker and writer and generally sympathetic to the plight of the oppressed, his writings suggest he held racist views, believing, for example, that African slaves were intellectually inferior to whites and



Author Ronald Takaki

should not mix with them.

Although he seemed to sympathize with African slaves - which he himself owned - and believed that slavery was morally wrong and should be stopped, he couldn't accept the idea that blacks and whites could live together peacefully in the same society. His solution was to suggest that African slaves should emigrate to Santo Domingo, a black nation in the Caribbean, rather than mix with whites.

"The real distinction which nature has made and many other circumstances, will divide us into parties, and produce convulsions, which will probably never end but in the extermination of one or the other race," wrote Jefferson. Franklin too believed that the races shouldn't mix: "Why increase the Sons of Africa, by Planting them in America, where we have so fair an opportunity, by excluding all Blacks and Tawny, of increasing the lovely White...?"

African slaves, however, weren't the only group condemned by the Anglo Saxon ideal: Indians, Irish, Jews, and Asians, all at various times came under attack. They were all at times victims of bigotry and considered by the majority to be what Takaki calls Calibans - wild and uncivilized people like the character of the same name in

Shakespeare's play "The Tempest."

Takaki's history of the settling of America shows an undertone of bigotry against the very people who were contributing to its development. The Calibans of race - blacks, Indians and Chinese - were particularly vulnerable. Although their labor would be exploited by the white majority, their rights were denied if they became threatening in any significant way. White values were always held up as the ideal.

The taking of land from the Indians in the settling of the west, for example, was justified by the belief that the white way of life - in which people settled on farms, ranches, and in cities - was superior to the Indians' more nomadic way of life. The US Government, with the backing of the courts, used this idea as justification for forcing Indians onto reservations.

Although the Chinese who came to America in the mid-eighteenth century seemed at first greeted with respect, whites turned against them when they began to compete with them for jobs.

One Chinese settler complained that European immigrants were always coming to the new land and would take more jobs. They, however, were quickly made citizens and no one complained about them taking jobs from the whites who came before them. Chinese were not allowed to be citizens and became the scapegoats when the economy turned bad, despite the high opinion that bosses had of their work.

As workers the Chinese were often praised. Central Pacific Railroad president Leland Stanford praised Chinese as "quiet, peaceable, industrious, economical - ready and apt to learn all the different kinds of work." Chinese - as well as the Japanese - played a vital role in developing the agricultural industry in California by teaching whites their irrigation and planting techniques. Growing resent-

ment from white workers, however, eventually forced Chinese out of many occupations and into the laundry and restaurant businesses.

"All three groups - blacks, Indians, and Chinese - shared a common identity: they were all Calibans of color," writes Takaki. It was the same racism that led to the internment of the Japanese Americans during World War II, purportedly because they couldn't be trusted. It should be noted that German Americans, whose fatherland was also at war with America, were not accorded the same treatment.

The 1882 Chinese Exclusion Act prohibited Chinese from immigrating to the US. It wasn't until 1965 that all barriers to Asian immigration were removed and discrimination eliminated from the immigration law. It was only after World War II that the plight of minorities became a national concern. The work of Martin Luther King and the Civil Rights Movement led to the elimination of many discriminatory laws against blacks.

For anyone interested in gaining a clear understanding of the way racial and ethnic minorities have been treated in the course of American history, Takaki's book should be invaluable. Written in a fluid prose and relying on personal testimony and writings from the periods discussed, Takaki's book should put into perspective some of the reasons behind the racial tensions that led to the Los Angeles riots of 1992. Latinos and blacks, for example, have had a long and bitter history of discrimination and rejection in American society.

What should also be clear from reading the book is that Jefferson's and Franklin's idea of a racially pure America has always been a figment. America was built by people of diverse races and ethnic groups. Takaki, a professor of ethnic studies at the University of California at Berkeley, suggests that Americans should see more

clearly what they have become and work from there to right some of the injustices committed in the past.

Although Takaki's book recreates a vivid picture of America's multicultural past, the book seems to falter when it attempts to suggest solutions to the conditions that history has left us with. Like many contemporary writers, Takaki seems at a loss as to how the country should proceed to solve its racial problems.

Although the Los Angeles riot and the problems it brought to the surface seem to have again disappeared from the media and from the consciousness of people in general, those problems haven't gone away.

Takaki places some of the blame for these conditions on the Reagan Administration's indifference to urban problems. He also notes the reemergence of Eurocentric thinking in the ideas of people like Patrick Buchanan and Allan Bloom. Although Takaki suggests that jobs, education and rebuilding the economic base of American cities are the key to improving the lives of minorities, he doesn't say how that could be accomplished. He does, however, suggest that crucial to any solution is a willingness to work together and, as the poet Walt Whitman envisioned a century ago, to see the other as oneself.

-By Robert O'Malley

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Chyng Sun
Design and Layout
Robert O'Malley, Susan Dao, Wsyi Zhu,
Min Yu Gan, Robert Hanson, Camen Chan,
Stu-Chi Wong, Bing Ng.
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Robert O'Malley, Georgiana Tam
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Applications are now being accepted for elderly and handicapped subsidized one and two bedroom apartments. Conveniently accessible to public transportation and shopping. Units available on an open-occupancy basis. office hours: Mon., Wed., Fri., 9 am to 4 pm.

For further information call 569-4862.

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Western Massachusetts Division

Responsible for handling criminal investigations and prosecutions in the Western Mass. Division; emphasis on consumer fraud, insurance fraud, and environmental crimes. Applicants must have at least five (5) years experience prosecuting criminal cases and be a member of the Massachusetts bar. Send resumes to: Office of the Attorney General, One Ashburton Place, Boston, MA 02108, attn. Doris Donovan. Affirmative Action/Equal Opportunity Employer.

ADMINISTRATIVE ASSISTANT

FT to assist Dir. and Assistant Dir. in the administration of College's financial aid programs. Includes responsibility for efficient functioning of office, and supervision of student help. Requires: AS degree (Bachelor's preferred); strong interpersonal, organizational, oral and written communication skills; ability to work under pressure in busy office; ability to supervise students; experience with computers; and a commitment to enhance diversity on campus. Begin ASAP, mid 20's.

Send resume and letter by 10/11/93 to Cheryl Rosenthal, Director of Financial Aid, Wheelock College, 200 The Riverway, Boston, MA 02215.

Wheeler
COLLEGE

Wheelock College is an Equal Opportunity/Affirmative Action Employer, and is committed to diversity.

PART TIME SECRETARY (GRANT FUNDED: 10/15/93-10/31/94)

PT position (11 hrs/wk) to assist Center on Families, Communities, Schools, and Children's Learning. Will transcribe interview tapes, help researchers prepare project reports, track budget, respond to correspondence and other tasks as assigned. Requires: accurate 60wpm Word Perfect 5.1, Lotus 1-2-3; excellent interpersonal, organizational, and communication skills; ability to meet deadlines, work independently, and protect confidentiality; and a commitment to enhancing diversity on campus. 11.00/hr. Begin a.s.a.p.

Send resume and letter by 10/1/93 to Dr. Susan Swap, Director of Center on Families, Communities, Schools, and Children's Learning, Wheelock College, 200 The Riverway, Boston, MA 02215.

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MIS Director Community Mental Health Center

Seeking experienced MIS professional to operate current information systems while designing and implementing more comprehensive, better integrated systems. Should have hands-on experience with IBM compatible PC's, MS DOS, Novell Network, WAN technology, dBase III+, Clipper, Foxpro, Clarion, Lotus, MS Windows, mental health industry applications software and AP/GL software. Must have experience with systems planning, design, purchase and implementation. Must be a team player and be able to communicate effectively with non-technical staff. Experience in health care or mental health setting preferred. Salary is \$40,000 to \$45,000 plus competitive benefits package.

Please send your resume, indicating the position for which you are applying, by October 8, 1993, to: Personnel Office, Tri-City Mental Health and Retardation Center, 140A Ferry Street, Malden, MA 02148. The Center is an affirmative action/equal opportunity employer, M/F/H/V.

BUSINESS

A Second Poultry Shop?; A "New Shanghai"

Two local men are seeking the approval of the Chinatown Neighborhood Council to open a new live-poultry shop on Kneeland Street in Chinatown.

Newman Tam, sales and marketing director of Agar Supply Co. and Samuel Kurr, Inc., wants to open the Ming Kee shop at 54 Kneeland St. "I think we need another poultry shop in Chinatown," said Tam, who along with his partner, Edward A. Gullicksen, asked the Neighborhood Council to support the endeavor.

The Neighborhood Council told the two men they should return to the Council once they have received approval from the agencies that regulate such businesses.

Tam pointed out that there was a need for a new shop because the Asian population has increased over 100 percent in the last 10 years. He also questioned the treatment some people receive in the only other live-poultry shop in Chinatown. "I saw the people get abused," he said.

Gullicksen noted that the businessmen needed approval from a number of government agencies to open the shop. He said they have submitted architectural plans to the city's department of Inspectional Services. He said that one government official told them they wanted community approval before they would approve the plan.

Tam said that modern processing equipment would be used in the shop to control odor and that refuse would not be disposed of on the sidewalk. He said the shop would not lead to increased traffic near the Kneeland Street building, which is between Harrison and Tyler Streets. He also said a new live-poultry shop would help diversify the Chinatown economy and create seven jobs.

•••

The Chinatown South Cove Neighborhood Council gave its support to the owners of the New



The New Shanghai Restaurant on Hudson Street.

Shanghai Restaurant to apply for a full alcoholic beverage license. The owners currently have a beer and wine license.

The new owners said they plan to open a "first-class restaurant" serving reasonably-priced Szechuan cuisine at 21 Hudson Street in Chinatown.

The restaurant will open soon and is located at the former site of the Gamsun and Shanghai

Restaurants on Hudson Street. The building has been completely renovated.

Owned by the New Shanghai Corp., the restaurant will serve Szechuan cuisine, said partners Jackson Cheung and Kathy Leung. There are no Chinatown restaurants currently serving only Szechuan cuisine, they said.

The license request was also supported by Yon Lee of the

Housing

continued from page 1

ing Asian community. "The need is still as great," said Kay. "We need affordable housing. She noted that "if we didn't get these votes today," the project would have been lost completely.

While noting that Oak Terrace is ACDC's first and only project to date, she said the organization was now eager to move on to other community projects. "Now we can move on to other economic development projects," she said, adding that ACDC is now interested in developing projects to help small community businesses grow. The organization also wants to help create opportunities for Asian businesses in the construction of the new Central Artery Project.

People who wish to live in the new Oak Terrace project should not apply until four to six months before completion of construction, according to ACDC executive director Carol Lee. She said a groundbreaking ceremony would be held at the construction site at Washington and Oak Streets in Chinatown on Oct. 13. A time has not been set for the ceremony.

-R.O.

NOW HIRING

Metlife, a national insurance and financial services firm, is planning to add three individuals to specialized in business & personal financial services. Person selected could expect 3-1/2 yrs. formal training & development administered by a professional staff. Complete fringe benefits and income between \$40K & 75K during training, based on commission and training bonus. Virtually unlimited thereafter. Applicants should have background in business, education or sales and be a hard worker. To arrange a confidential interview, please call Mr. Leo Tam at (617) 451-0912 or send resume to:

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DIRECTOR, PUBLIC RELATIONS AND PUBLICITY

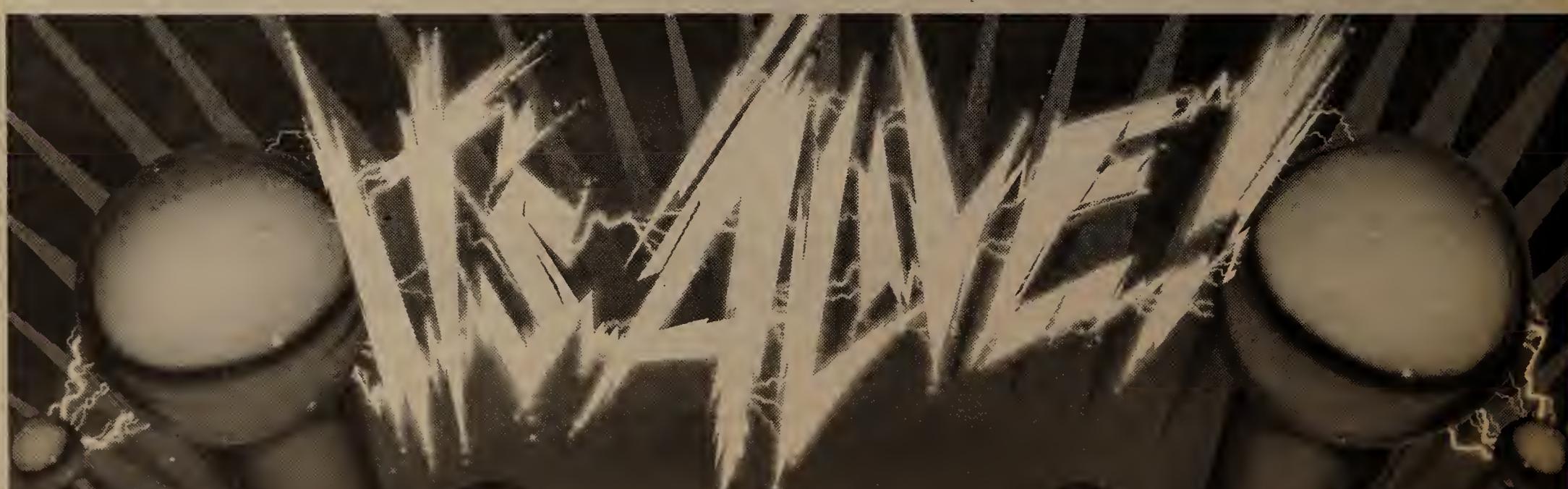
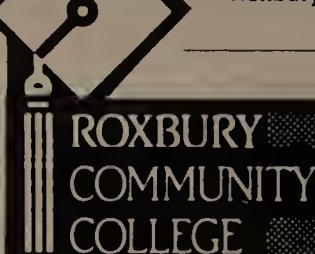
In this challenging new position, the Director is responsible for the overall strategy and implementation of a public relations/marketing campaign, including creating and developing a cohesive image, interacting with the media, consulting on the creation of marketing and mailing of promotional information, and chairing special events committees.

Qualifications: Bachelor's Degree (Master's preferred) and several years of progressively responsible employment in the communications field. Excellent written and oral skills.

Please send your resume, cover letter, and a one page statement outlining your vision of an effective marketing/public relations program at RCC to: Nadine Valery Dowling, Executive Assistant to the President, Roxbury Community College, 1234 Roxbury Crossing, Roxbury, MA 02120-3400.

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The Museum of Science has hundreds of living, changing, hands-on exhibits – everything from owls to eyeballs; a life-size Tyrannosaurus Rex to the fabled Van de Graaff generator. Each gives you an honest-to-goodness encounter with science. So, if you still think the Museum is a dusty old collection of spores and bread mold, you are in for the shock of a lifetime.

MUSEUM OF SCIENCE

Mayor's Office of Neighborhood Services.

Reggie Wong, a council member, who noted that his father had been general manager of the Gamsun Restaurant for many years, also spoke in support of the request. Wong said that opening a new restaurant on the former site of the Gamsun - Chinatown's oldest restaurant - would help revive that section of the Chinatown commercial district. "I think Hudson Street needs a little more life," said Wong.

Council co-moderator Robert Guen said that it's important to maintain Chinatown as a thriving commercial district.

In other business news, the Grand Chau Chow restaurant has opened at 41-45 Beach Street, across the street from the original Chau Chow Seafood Restaurant. Also opening recently was the Chiu Chow Restaurant at 63 Beach Street.

Catholic Center Opens Doors to Community

With a long history of community involvement to build on, the Chinese Catholic Pastoral Center on Tyler Street will again open its doors to the Chinatown community with the creation of the Asian Family Circle program.

The Rev. Denis Como, a Jesuit priest who organizes activities at the Pastoral Center, said the decision to create the new program grew out of discussions with members of the community on how best to utilize the four-story building. The program is being developed in conjunction with the Asian American Civic Association.

As part of the Family Circle program, the pastoral Center at 78 Tyler St. will be opened Tuesday to Friday from 9 am to 1 pm for students and other members of the community who need a place to study, meet with more English-speaking people, or discuss issues of concern to them. It's meant in part to complement the English as a second language classes and other courses at the nearby AACAA.

"We're trying not to duplicate



Rev. Denis Como in front of the Chinese Catholic Pastoral Center.

anything that is going on," says Father Como, who is also the leader of a Chinese Catholic study group associated with Saint James the Greater Church. "That would just be one project," says Father Como of the Asian Family Circle program.

Father Como added that he would also like to develop other programs for the center. "I would also like to see it used by people who are working in this area," such as social workers and doc-

tors, he said.

As part of the community program, the center plans to make available videos and other materials to help the immigrant community adjust to life in the city. "This would also be a nice place for non-Chinese people to meet Chinese," he says, "to sit and talk and share ideas." Another possibility is holding courses in Chinese culture for non-Chinese.

"I know quite a few people

who would like to learn things like that," he said, adding that Chinese residents could also come to the center to learn more about other ethnic cultures. The idea, Father Como suggests, is to make the center a place where people could come to practice English and learn about other cultures. Still another idea, said Father Como, is to make the center available to American-born Chinese, who could come there to discuss issues of concern to them.

The building at 78 Tyler Street has a long history of community involvement. Built in 1890, the building was originally the site of a Lebanese Church and rectory which served the local Lebanese and Syrian community. In the 1940s the Maryknoll Sisters moved into the center and used it for a range of community activities. About two years ago, the last Maryknoll, Sister Ruth Marie O'Donnell, had to return to Canada to care for her mother who was ill and the Maryknolls decided they would no longer staff the center.

"So now we begin a new era

built on the history" of the earlier ones, said Father Como, who recently spent a year and a half teaching English in China and who is also a student of both Mandarin and Cantonese Chinese. Father Como has also spent about 10 years in Iraq and Egypt, a year in India and a year in Kenya.

In his years abroad, he worked in various educational and community projects. Before he was assigned to the St. James Church, he spent two years working with the Asian community of South Boston. In addition to Chinese, he speaks Arabic, Spanish, and Russian. "It's an experience that has made me who I am," he said of his time spent working outside the country.

Father Como said the building, which is owned by the Diocese of Boston, is now being supported by the Chinese Catholic community. The Catholic community uses the building for a range of activities, including bible study. "That's separate from our desire to be of service to Chinatown and people of the Boston area," he said.

-R.O.

Food

continued from page 1

in Taiwan, believes that local Chinese restaurant food is basically healthful if a customer chooses dishes carefully. "I don't think the restaurants here are too bad," she says. "I think it resembles the food we eat at home."

Sun believes that Chinese food is generally very healthy "because we eat a lot of vegetables with the meat. It's always balanced." Also, she notes, families seldom eat deep-fried foods at home and Chinese generally don't "eat big chunks of meat like Western people." Much also depends on the restaurants, with some restaurants cooking more oily food than others because of their cooking technique.

Anita Cheung emphasizes that there are differences between Chinese home-cooked food and food prepared in restaurants as well as differences in regional Chinese cuisines. Restaurant food, she says, is often "completely different from our homemade Chinese food," which "is not greasy at all." At home, she says, many people tend to steam food and to eat more vegetables and rice. She also believes that Cantonese-style Chinese food is less oily than other regional cuisines.

"They kind of blew it out of proportion," says Stephen Chen, president of Joyce Chen Restaurants, referring to the way the media has reported the study. Chen points out that "no one is going to eat over a quart (the size of the dish in the study) of Kung Pao Chicken." He also believes that the healthfulness of a dinner can be controlled by the customer, who needs to make intelligent choices. It's the customer, he notes, who must determine the kind of dishes and the portions to be eaten. "The customer has to have better eating habits," he says.

Chen points out that his mother, who had a television program on Chinese cooking on WGBH from 1966 to 1972, always believed in preparing healthy food. He says his restaurants continue to pat-down deep fried food to reduce the amount of oil and they use lean cuts of meat to reduce the fat content of meals.

He says Joyce Chen restaurants have always offered dishes that use either no oil or very little oil and that have low sodium content. "We've had those dishes on our menu for almost 30 years,"

he says. Chen notes that customers can also make special requests since their food is cooked to order.

Chen also believes that people tend to eat heavier foods in restaurants than they do at home. "I think if they went back to homestyle the basic American customer won't appreciate it," he says. But, he adds, "Being a restaurateur we have to keep our ears open and read about nutrition."

Jeanne Goldberg of the Tufts University School of Nutrition, also tends to disagree with the way the study characterized Chinese foods, though she believes the restaurants probably could make changes to reduce the oil and sodium content of dishes.

"I think it did a disservice to Chinese food frankly," she says, adding that "basically I think a lot of Chinese food is very healthful." While there may be some justification for the criticism, she believes the study itself had flaws and was perhaps interpreted in a distorted way. She suggests that not enough attention was given to the way Chinese people eat Chinese food.

At the same time, as a regular customer at Chinese restaurants, she suggests that changes could be made to make the food more healthful. "I think many of the cooks are very heavy-handed with the oil," she says, adding that they also use too much salt and seasoning. She suggests that the study may give restaurant owners an opportunity to "take a hard look at the amount of oil they use in food preparation and cut back wherever possible."

In reaction to the study, some restaurant owners have held meetings with chefs and will try to rethink some preparation techniques. Ricky Moy, president of the China Pearl Restaurant in Chinatown, says his restaurant will try to make the restaurant's food lighter.

Although the beginning of September is usually a slow time for restaurants, Moy believes that the study may be having a mild effect on business. "I think it's hurting a little bit," he says. He has already met with his chefs and told them to "use less oil and less fat." He pointed out that Americans in the past have tended to like heavier foods. If their tastes change, he suggests, then Chinese restaurants will adapt as they have in the past.

-By Robert O'Malley

Ng

continued from page 1

There was dignity, she suggests, because he and many others like him endured despite the indignities and disappointments they had to face. "I think it took a lot of courage for these generations to leave home," says Ng, adding that they did it in part for the sake of the generations that followed. "Ah Sam," she says, came to California during the Gold Rush, and "Bone" is in part a way to preserve his memory. "I always wanted to remember them, to appreciate them," she said.

What sets Ng's novel apart from the work of other writers is perhaps the honesty of its voice, which is communicated through the character Lai, who narrates the family story. "One very important goal I had was to create a very intimate voice," she says. "Lai is very honest and stripped to the bone." Ng says she also wanted to make the story realistic by including "cultural details" that "were very specific and very true."

Her story also explores some of the inner tensions of Chinatown itself. While there is the comfortable intimacy of friends who know each other intimately, there is also the need to escape the "claustrophobia" and "suffocating" quality of that intimacy to find a larger more open world. "I think it's a very basic human need to change, to move on... We all have that sense of leaving the family," she says.

But such inner tension doesn't apply only to life in Chinatown, she says. People everywhere feel the same conflict. People's lives, she suggests, are a series of movements from the safety of the known to the uncertainty of the unknown. "I think that's the tension of life itself."

Each of the three sisters in the novel has her own way of dealing with this tension; each must leave the family to discover a more individualistic reality outside. On some level it may resemble the inner conflict between the American need for independence and an Asian focus on family and "community spirit," says Ng. And although her novel is specifically about a Chinese family, she believes its theme is universal. "I hope for readers not to be excluded because the characters are Chinese," she said. "It's possible for anyone to enter that

world."

In describing her writing style, Ng says she has been influenced by Chinese writers. "When I was a child I studied the Chinese poets," she says, adding that at Chinese school in San Francisco she had to memorize Chinese. "It really opened a lot of doors for me" and "developed my ear," she says.

She tried to keep the language spare and simple in order to represent more accurately the kind of lives the characters must lead. "They're working, they're working," she said of the characters, and they haven't time to waste on talk that's not essential. "I wanted the language to reflect a certain frugality of life." She said she wanted "to pace it" so that when they spoke you'd remember what they said. "I feel that there's a certain marriage between the two languages (English and Chinese) I was working with."

"I wanted the sense of the rhythm of Chinese and the thought process" of Chinese, she says. Having grown up with two languages herself, she recognizes that each language has its own unique avenues of communication. "I think you have different personalities in different languages," she says.

Ng, whose parents came from Canton when they were young, grew up with her family in San Francisco's Chinatown. "I know very much about what it means to be in the family," she says. In writing novels, Ng said she early on decided to "respect private relationships and to honor that" in her fiction. Although she says the story is fictional, she suggests that it's important to be true to the spirit and emotions of real life. "In fiction it's not that black and white. You have to create a world of feeling. It's life on a different level in fiction."

-By Robert O'Malley

The Sampan accepts letters, opinion articles and art work from readers. Address submissions to: Sampan Editorial, 90 Tyler St., Boston, MA 02111.

Calendar/Short News

CALENDAR

Chinatown Mayoral Candidates Forum: Oct. 6, at 7 pm, at the Josiah Quincy School Auditorium on Washington Street in Chinatown. Mayoral Candidates James Brett and Acting Mayor Thomas Menino will discuss the topic of "Youth and Human Services." The public is invited.

Miss Saigon Auditions in Boston: Oct. 5 at the Wang center, 270 Tremont St., in the Rehearsal Room. For Asian male and female singers (ages 18-35) to be cast as future replacements in the lead roles ("Kim," "The Engineer," and "Thuy") and chorus. Bring photo and resume. Sign-up begins at 10 am. Auditions at 11 am. Performers must have excellent singing voices. Women should bring two contemporary or theatrical pop ballads and men two hard-driving pop, rock, or theater songs. For info call 227-5556.

International/Intercultural Women's Group. Potluck, Sat., Oct. 23, 1 pm, at the Women's Center, 46 Pleasant St., Cambridge. The topic will be "Everyday Experiences as Women in the US." For info. call 354-8807.

Chinatown Safety Committee Meeting: Oct. 6 at 10:30 am at the CCBA, 90 Tyler St., Chinatown, Boston.

Post Office Hours Extended: Hours at the Chinatown Essex Station Post Office, Avenue de Lafayette, Textile Bldg., 99 Chauncey St. have been extended. The new hours are: Sat. 7:30 am - 2 pm; Mon. to Fri. 7:30 to 6 pm.

Adult Mandarin Class Registration: The Boston Chinatown Post #328 offers adult conversational Mandarin classes on Saturdays, Oct. 16 to Dec. 18, 9 am to 10:30 am. Cost is \$15. At the CCBA office, 90 Tyler St. Registration deadline is Oct. 9. Send check payable to Chinatown Post No. 328 to 181



New Asian Police Recruits



Seven new Chinese police academy recruits at Faneuil Hall appointment ceremony: They are James K. Chin, Kenneth Fong, Kenneth Gee, Edward K. Kwok, Bruce Kwong, Joey Tse, and Betty Yu (bottom picture). Yu will be the first Asian woman to become an officer in the Boston Police Department.

Brighton St., Belmont, MA a high school diploma (US or 02178, or call 489-1144 or 377-4355.

Apprenticeship Preparedness Program (APP) is now recruiting new candidates for the Jan. 1994 class. Prerequisites are

English and math skills and an interest in the building trades. Both male and female applicants are welcome! Tuition is free. It's a 10-week program; every Tues.

and Thurs. from 6-9 pm and the last five Saturdays all day sessions. An awareness session will be held at AACCA on Oct. 12, 1993 at 10 am. For more info., please call Amy Wong at 426-9492, the Asian American Civic Assoc., 90 Tyler St., Chinatown.

Citizenship Classes: The Asian American Civic Association (AACCA) is accepting students for its citizenship classes that will begin on Nov. 2 and Nov. 30, 1993. Placement tests will be given on Oct. 25 and Nov. 22 at 9 am. If you cannot come on those dates, please call Gultom or leave a message. Citizenship tests will be given at AACCA on Nov. 13 and Dec. 11.

Conversational Mandarin Chinese Class: This class at the Asian American Civic Assoc. (AACCA) is for anyone who knows how to read and write Chinese and wants to improve pronunciation and conversational skills in Mandarin Chinese. Class will start on Oct. 26. Class schedule: 6-8 pm, Tues. and Thurs. Tuition is \$160. Minimum number of students is seven. Come to AACCA or call 426-9492 to register.

Brookline Offers Flu and Pneumococcal Vaccines: For Brookline residents, aged 26 or older, starting Oct. 13; Flu is given yearly, Pneumococcal only once; ask your doctor for recommendation. Fee is \$5 for flu, \$7 for pneumonia. For info on time and location call the Brookline Health Dept. at 730-2300.

Elder at Risk Program: The Greater Boston Chinese Golden Age Center has funding to serve at-risk elderly. If you, a friend, or a family member have had the following experiences please call us for assistance. If you experienced: feeling isolated from caring friends and family; are unable to care for yourself or your home; are threatened with eviction; are not receiving medical care; are resisting recommended medical treatment; are not eating; are forgetting to pay bills or are refusing to accept needed services. Our service worker can visit the elderly at home to assess their needs. These services focus on solving short-term problems associated with crisis situations. If you are aged 60 or over, visit our center at 5 Oak Street West, Boston or call Wendy Lam at 423-7560.

Asian American Journalists Association has launched a national search for a new executive director. Valerie Chow Bush, the current director, plans to resign this winter to resume her writing career. Applications must be received by Nov. 1. Send cover letter, resume and three references to Benjamin Seto, Search Committee, c/o Asian American Journalists Association, 1765 Sutter St., Room 1000, San Francisco, CA 94115.

Head Start: Spaces are available at the South End, Parker Hill-Fenway and Allan Crite Head Start Program for low income families residing in the South End and Lower Roxbury for the 1993-94 school year. Your child must be 3 yrs. old by Sept. 1 1993. For info call 426-2855 (South End), 267-1245 (Parker Hill), or 421-9847 (Allan Crite) for an appointment for this free federally-funded program.

AIDS Action Committee Needs Volunteers: To provide direct services to people with AIDS. People interested should call Lyn Freundlich at 437-6200 x 283.

Volunteer for Homeless Children: The Horizons Initiative is seeking volunteers to serve as Playspace Activity Leaders for children living in homeless family shelters in Greater Boston. Volunteers are needed during daytime hours and some evening hours. A commitment of 2-3 hours per week for at least 6 months is required. For info. and an application call Elissa or Pamela at 252-4362.

SHORT NEWS

Three Named To Education Panel

The State Department of Education has named three Asian Americans to serve on a 40-member statewide commission to develop new and comprehensive educational goals for Massachusetts public school students.

They are Vivian Wai-fun Lee of Jamaica Plain, Director of the National Center for Immigrant Students in Boston; Marie Nguyen of Westwood, assistant principal of the Harvard-Kent Elementary School in Charlestown; and Linda C. Wing, coordinator of the Urban Superintendents Program at Harvard University's Graduate School of Education.

"Under the Education Reform Act, signed into law in June, there will be a significant departure from the current practice of limited or nonexistent statewide involvement in establishing curriculum goals," said Robert V. Antonucci, the Commissioner of Education, who will be an ex-officio member of the commission. "The law requires the state Board to establish a set of statewide educational goals for all public elementary and secondary schools, and a set of specific student academic performance standards in math, science, technology, history, social science, English, foreign languages and the arts. And curriculum frameworks consistent with these goals and standards also will be developed." The commission will complete its work on the common core of learning by June 1994.

Time Warner Supports Williams Asian Studies

Time Warner has pledged \$500,000 to help establish the James A. Linen III '34 Fund for Asian Studies at Williams College. Linen, who died in 1988, had been publisher of Time magazine and later president of Time Inc. He was a noted internationalist and long-time trustee of the college. Williams is working with the Linen family to raise a total of \$2 million or more for the fund to support one of the most rapidly growing areas of the college's curriculum.

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漢語會話

社區活動一覽

華美福利會 九月份

地址：華埠泰勒街九十號

服務及課程

☆成人英語班

分早、晚兩課，日間課程逢週二至五，上午八時半至十時半上課、晚間課程逢週二、四、六時至八時上課。課程全期十六週，早課學費半期一百三十元、晚課全期一百三十元，現正招生，請親臨該會應考編班試。

☆國語會話班

本班為了使大家能書寫及說流利的國語和改進國語發音及日常會話。

課程由十月十二日（星期二、四）下午六時至晚上八時進行，學費二百元。請與華美福利會接洽報名，電話：426-9492。

☆免費青少年學業先修班

現在招收十六至二十一歲的青少年，目的是提供他們下課後補習英文的機會，並有就業輔導和升學指南。上課時間：九三年九月二十八日至九四年五月十三日。每週上課四天（星期二至五）下午二時半至四時半。

報名：請到華美福利會 Anita Hum 或 Sara Freed 查詢報名。

☆免費建築業學徒先修班

課程為期十週，上課時間：星期二及星期四晚上六時至九時及五個星期六整天，九月或十月左右開課。上課地點：Roxbury Community College。入學資格：高中畢業文憑（國內外均可）或 GED 中上英語能力，男女均歡迎。十月十二日早上十時介紹講座，有興趣者請電黃小姐：426-9492。或親臨華美福利會查詢。

☆公民入籍班及入籍筆試

華美福利會現正招收新生，新班於九三年十一月二日及十一月三十日開課，申請入學請於十月二十五日或十一月二十二日上午九時到華美福利應考。如時間不合，可電話 426-9492 與 Gultom 聯絡。

華美福利會已獲授權為波士頓區的入籍考試中心，你可在華美福利會

參加有關英語能力及美國歷史與政府部份的入籍考試。華美主辦的入籍考

試於十一月十三日和十二月十一日的每月第二個星期六舉行。有興趣者請於每月第二個星期一參加入籍講座或致電：426-9492。

☆照相服務

申請入籍或需護照照片者，請到華美福利會，收費五元、品質優美。

華美福利會還有多項社區服務，如協助辦理各項移民簽證、房屋申請、職業介紹、老人福利、諮詢轉介輔導、翻譯公証等服務。

照顧你的老年親友

一個提供資料性的座談會

日期／時間／地點：

一九九三年十月五日（星期二）下午五時半至六時半，紐英倫醫療

中心—夏利臣街一七一號，范斯窩市樓社會工作服務部（ Farnsworth Building-Department of Social Work Services ），一樓一六二室。

一九九三年十月十九日（星期二）上午十時至十一時，紐英倫醫療

中心—華盛頓街七五五號，浮船醫院（ Floating Hospital ），餐廳會議室（ Plaza Cafeteria Conference Room ）。

一九九三年十月二十八日在圖書館大廳展出攝影展覽：『哈佛一波士頓飛行盛會，一九一〇和一九一一』。

自十月二日至十月二十八日在圖書館大廳展出攝影展覽：『哈併—波士頓卡龍梅弦樂五重奏團演奏喬治·昂斯羅、莫扎特和德佛拉克的作品』。

一九九三年十月二十八日在圖書館大廳展出攝影展覽：『藍山賞秋（ Blue Hills Autumn Showcase ）』。

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辣味節

十一月六日（週六）以餐會形式邀請陳香梅女士做專題演講，也是中祿餐廳，時間是晚六時半至午夜。

商務講座：

文協即將成立一個（ Business Forum ）節目，以提供有經驗或有興趣的會員有一個交換意見的園地，目前準備每一個月聚會一次，有興趣報名參加者請洽沈開朗 Michael Shen （ 608 ） 845-2486 。

辣味節

音樂會：

十月十七日中午至晚六時，查爾斯鎮海軍院將舉辦『辣味節』（ Chili Fest ），有音樂節目、兒童活動和大波士頓若干餐館提供的辣味食品，參觀者可品嚐各種食品並投票選出己鍾意者。獲票最多的餐館將榮獲一千元獎金。第二名和第三名可分別獲五百元和二百五十元獎金，最佳裝飾攤位可獲一百元獎金。還有許多高桅帆船邀來港口表演和供人們登船參觀，為此節助興。此活動由 Coors 及兩家電台 Mix 98.5 FM 和 WHDH-AM 850 資助。入場票價六元，十二歲以下小童和耆英三元。活動場地有大篷遮頂，因此晴雨兩無阻。詳情可電：（ 617 ） 828-7550 。

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根據廣大讀者需要，本報分幾期刊登中文漢字簡繁體對照表，有興趣的讀者可注意收集。該《簡化字總表》由劉振翼先生主編，紐約東方文化實業公司出版發行，該書店還經銷簡繁字日常用語對照及大陸、香港、台灣、南洋各地書刊，地址在紐約華埠依利沙百街十三至十七號二樓（13-17 Elizabeth St., 2nd Floor, New York, NY 10013），電話：(212) 226-8461。

前 言

中國大陸出版的圖書刊物，無論是品種數量或內容質量，都是宏富精闢、認真嚴謹的——是中文出版的主流。如果因為不習慣於簡化字而不接觸閱讀，實在是莫大的損失。

認識簡化字並不困難，簡化字的大部份，都是過去約俗習成的手寫體，少數被簡化的，也有一定的依循根據，不會離開中文文字構成的特點。佔簡化字數量較多的，是因為這個字或偏旁簡化了，所有這個字或這個偏旁關聯的字也跟着簡化這個部份。這是有規律的，一旦掌握了，就會觸類旁通，可以因此類推，不會出現捉摸不定的困難。如果單就閱讀來說，因為有“上文下理”為根據，讀起來一般不會發生甚麼問題，間中出現疑難的地方，查查這本對照表便可解決了。具有中文文字基礎的讀者，閱讀簡化字出版物的問題只是個習慣問題，習慣了，也就熟悉和掌握了——這將獲益無窮。

閱讀是一種樂趣，是精神的慰藉和享受；是知識和力量的來源。祝您在閱讀中精神愉快，更加睿智和聰敏，創造美好的將來。

劉振翼

一九九〇年八月

簡化字總表 簡繁對照

二 畫	开[開] 无[無] ^①	忆[憶] 订[訂]	帅[帥] 归[歸]	汗[汗] 号[號]	执[執] 旷[曠]	当[當] 吼[噏]	华[華] 伙[夥]	关[關] 灯[燈]	阶[階] 開[陰]
厂[廠]	韦[韋]	计[計]	叶[葉] ^②	讨[討]	扩[擴]	尘[塵]	伪[偽]	汤[湯]	妇[婦]
卜[筭]	专[專]	讣[訃]	号[號]	写[寫] ^③	吓[嚇]	向[嚮]	忏[懺]	妈[媽]	妈[媽]
儿[兒]	云[雲]	认[認]	电[電]	让[讓]	吓[嚇]	后[後]	兴[興]	戏[戲]	戏[戲]
几[幾]	艺[藝]	讥[譏]	只[隻]	礼[禮]	扫[掃]	虫[蟲]	会[會]	讲[講]	观[觀]
了[瞭]	厅[廳] ^④	[一]	[祇]	讪[訕]	扬[揚]	曲[趣]	杀[殺]	讳[諱]	欢[歡]
三 畫	历[歷]	丑[醜]	叽[噉]	迄[訖]	场[場]	团[團]	台[閣]	讴[謳]	买[買]
干[乾] ^⑤	区[區] ^⑥	队[隊]	叹[嘆]	训[訓]	亚[亞]	[燭]	众[衆]	军[軍]	纤[糸]
[幹]	车[車]	邓[鄧]	仪[儀]	议[議]	芝[蕪]	吗[嗎]	爷[爺]	距[距]	红[紅]
亏[虧]	[一]	劝[勸]	双[雙]	[一]	朴[樸]	屿[嶼]	伞[傘]	讶[訝]	紗[紺]
才[纖]	冈[岡]	贝[貝]	书[書]	尔[爾]	机[機]	岁[歲]	创[創]	讷[訥]	驮[駝]
万[萬]	与[與]	见[見]	千[穉]	乐[樂]	权[權]	回[迴]	杂[雜]	许[許]	纤[絲]
与[與]	见[見]	千[穉]	亿[億]	处[處]	过[過]	岂[豈]	负[負]	讹[訛]	[織]
千[穉]	亿[億]	气[氣]	[一]	冬[翠]	压[壓] ^⑦	刚[剛]	广[廣]	诉[訴]	纶[纶]
个[個]	长[長] ^⑧	击[擊]	鸟[鳥] ^⑨	[髮]	协[協]	免[免]	论[論]	驯[馴]	驯[馴]
么[麼] ^⑩	么[麼] ^⑩	仆[僕] ^⑩	务[務]	圣[聖]	页[頁]	邬[邬]	机[機]	讷[訥]	约[約]
广[廣]	币[幣]	扑[撲]	当[當]	对[對]	夸[誇]	朱[珠]	托[託]	场[場]	级[級]
门[門]	从[從]	节[節]	饥[餓]	台[臺]	夺[奪]	[一]	场[場]	讽[諷]	级[級]
义[義] ^⑪	仑[倫]	术[術] ^⑫	[一]	[棟]	达[達]	杜[壯]	设[設]	级[級]	纪[紀]
卫[衛]	仓[倉]	龙[龍]	邝[鄜]	[颺]	夹[夾]	乔[喬]	冲[衝]	驰[馳]	纪[紀]
飞[飛]	风[風]	厉[厲]	冯[馮]	纠[糾]	轨[軌]	伟[偉]	牧[妝]	决[訣]	纪[紀]
习[習]	仅[僅]	灭[滅]	闪[閃]	驭[馭]	尧[堯] ^⑬	庄[莊] ^⑭	[一]	七 畫	七 畫
马[馬] ^⑮	凤[鳳]	东[東]	兰[蘭]	丝[絲]	划[劃]	庆[慶] ^⑯	寻[尋]	[一]	[一]
乡[鄉]	乌[烏] ^⑯	轧[軋]	汇[匯]	迈[邁]	优[優]	刘[劉]	尽[盡]	[一]	[一]
四 畫	[一]	[一]	[集]	毕[畢]	伤[傷]	齐[齊]	[盡]	寿[壽]	寿[壽]
[一]	臼[鬥]	卢[盧]	头[頭]	[一]	依[偎]	产[產]	导[導]	麦[麥]	麦[麥]
丰[豐] ^⑰	为[爲]	业[業]	汉[漢]	贞[貞]	价[價]	闭[閉]	孙[孫]	玛[瑪]	玛[瑪]
	斗[鬥]	旧[舊]	宁[寧] ^⑱	师[師]	伦[倫]	问[問]	阵[陣]	进[進]	远[遠]
					伦[倫]	圆[圓]			

(之一 未完待續)

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亞裔家庭圈

向新移民敞開大門

華人天主教牧民中心 (Chinese Catholic Pastoral Center) 位於華埠泰勒街七十八號的一幢四層樓建築中。最近，該中心與比鄰的華美福利會合作，在該樓內開辦了『亞裔家庭圈』(Asian Family Circle)，為亞裔人士特別是初到美國的新移民提供聚會、交友、休閒、學習的場所。

目前主持華人天主教牧民中心的高德神父 (Rev. Denis Come) 說，這座樓房已有一百年歷史，最初就是一座教堂，對關照一些新來的外國移民起了很重要的作用。後來該教堂搬遷，而此地逐漸成為華人移民集中的一唐人街，自四十年代起，瑪利諾修女團利用此建築，為華人社區提供了許多服務。去年，最後一名修女姑絲返回加拿大後，瑪利諾中心關閉，此建築被華人天主教會接管成為牧民中心。高德神父表示，他希望這座建築既能沿續其一貫為新移民服務的歷史傳統，又開始一個嶄新的紀元。該中心的宗旨是與華埠各社團組織合作，卻又不重複他們的工作，使亞裔特別是初來美國的華人們能把這裡當作個溫暖的家。

隔壁的中華公所大樓中還有廣教學校、華美福利會等機構，大量學生來上課，來往人流不斷，已嚴重超負荷。為移民難民提供各類教學服務的華美福利會教室擁擠，學生們課間無處休息，因此天主教牧民中心決定與華美福利會合作，為在該會上課的學員們提供課前課後學習和休閒的場所。高德神父說，目前『亞裔家庭圈』開放時間週二至五上午九時至下午一時，歡迎在隔壁上課的學生們和所有亞裔人士前來，這裡還有義工進行課程輔導，並能使英語班學員通過會見更多的美國人來練習英語。這座樓房雖已百年，但結構和內裝修極好，內有多間安靜的小教室、休息室、活動室、浴廁及廚房，還有鋼琴等設施，並提供學習資料、書籍、錄影帶等。

高德神父在華人天主教牧民中心。

高德神父說，這個中心雖由天主教會主持，但來參加家庭圈活動的不需是信徒，他們也無意動員參加活動者皈依宗教，他們只是希望為移民們提供無償服務，使這個中心成為一所社會性俱樂部。現在已有許多退休人員、大學生們來此參加各種宗教和非宗教活動，亞裔家庭圈的開放，會吸引更多的亞裔前來。許多初來的新移民都是通過類似聚會活動，改進語言、交結朋友、甚至獲得工作機會。所以，他們渴望讓更多的人知道這個中心和亞裔家庭圈的存在。

高德神父出生自麻州一個農莊小鎮，在波士頓上的高中，在他多年的宗教生涯中，足跡踏遍世界許多地方，先後去過中東、非洲、中國等，他通曉英、俄、西班牙等多種語言，也會講簡單國語和粵語。近年來，他更多地從事幫助中越等亞裔移民的工作。他說自己也很有興趣幫助出生在美國的華裔青年，使他們成為既是美國人又是中國人的一類，因他覺得對援助外國出生的中國人盡快熟悉和適應美國的環境。



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文協大樓的二、三樓用作教室、活動室和圖書館，底層部分房間出租給一些商戶和機構。位於大樓入口右側的百利文化公司，是一家由華人開辦的文化貿易公司，該處出售中國出版的各類書籍、錄音帶、工藝品、文

牛頓市色多曼市長、協調會李大維處長、及一向關心中國事務的州參議員派恩斯女士為大樓剪彩。開幕活動中還有文藝演出和各中文學校文協屬下各社團的作品展覽。

同日下午，位於該大樓內二層的僑教中心第二圖書館也正式啓用，目前該館已進圖書數千冊，開放時間每週五、六、日三天。僑教中心林煌村主任說，隨著西郊華人借閱圖書要求的增長，第二圖書館會逐漸延長開放時間。

由於原在牛頓地區上課的勒星頓中文學校北遷，一部份家長和學生留

大波士頓華人文化協會（GBCC）於今年初購得了位於西牛頓市櫻桃街四三七號的一幢三層大樓，作為永久會址。當時購樓的初衷是為廣大華人會員及文協屬下的中文學校提供固定的活動及教學場所，購樓的款項也全靠廣大會員們捐贈。經過半年多的修整，這所大樓已煥然一新，內部改建得更適於各種活動的需要。九月十八日，文協為該大樓正式啓用舉行了開幕式，盡管當日陰雨，仍有三百餘人前來參加開幕典禮並參觀樓內設施。

牛頓市色多曼市長、協調會李大維處長、及一向關心中國事務的州參議員派恩斯女士為大樓剪彩。開幕活動中還有文藝演出和各中文學校文協屬下各社團的作品展覽。

這所新學校的一個特點是，並不以

傳統的一、二、三年級，或初、中、高級來分班，而是以梅、蘭、竹、菊、松、鶴、蓮等為每個班級命名，每

間教室外還貼有相應的畫和毛筆書寫

的班名，透著一股中華文化的風雅。

而該校老師們介紹，這種命名方式不僅僅是為了雅趣，主要是從學生們的心

理上考慮，因有些生長在美國的華人

孩子，年齡較大而中文水平卻較差，

只能分在水平較低的班級，以花鳥作

班名，看不出班級的水平高低，使這些學生不致於因上低於其年齡水準的

班級而感不安。華心中文學校除了上

課的中文學校無法做到的。

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帶，還舉辦文化培訓，中國旅遊進修

等活動。

文協主席沈開朗表示，利用這幢

大樓充份為華人服務，是文協的目的

，目前長青會、國樂社、各成人教育

班等，都已利用此設施開展了活動。

他們也很高興已能有一所中文學校利

用此樓宇，以嘗當初購買大樓時的心

願。沈開朗也重申文協對屬下幾所中

文學校的立場，他說文協只是盡力為

這些中文學校提供方便和服務，不管

它們是否利用文協的樓房做校舍，文

協都不會干涉這些學校的內政，這些

學校可以按自己的意願在行政、財務

、教學等各方面保持獨立，但如需要

文協支持幫助時，文協則義不容辭。

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好基礎，來美後又接受了美式教育，英文也很出色。李經在大學的專業是編輯、送刊發行、廣告銷售等數職。他前主持《韓國月刊》的英文版兼總編輯。而張義聖身兼出版人、韓文版編輯、送刊發行、廣告銷售等數職。他兩分別在家用電腦撰文打印，然後排版交給印刷廠，把月刊辦得有聲有色。

張、李二人認為，亞裔移民有

其民族和文化特點，亞洲各國都重視

家庭、注重教育、尊重長輩，這些都

是值得發揚的優點。而早年歐洲移民

走過的路，現在的亞洲移民也正在走

，就是逐漸融入美國的主流社會，但

在吸引西方文化的同时，亞裔本民族

的優點仍應世代保持，並向美國這個多元社會傳播。《韓國月刊》的韓文

部份，主要是教育韓裔新移民如何適

應美國的生活，內容有生活常識、法

律知識、文教及理財、以及社區消息

等。而英文版則側重傳播亞裔文化，

邀請全國韓裔、亞裔作家來寫作，並

報導些全國性的消息。

他們說到韓國移民大批來美始於

七十年代。當時許多韓國民眾一方

渴望到美國有更自由的政治生活，另

一方面也是為下一輩的學業著想，因

為韓國教育系統中的競爭過於激烈，

許多中學生為能考入大學不得不凌晨

起身、半夜入睡。許多年輕人因而來

美國受高等教育。韓國移民在美國也

同樣經歷了一條艱難之路，不少學有

所長之人初到美國也只能在工廠、餐

館或小店裡打工，掙錢來養家糊口，

供子女上學，等掙多了錢則自己開個

小店，許多人在美多年，境遇仍不很

好。而近年來，韓國本土的經濟發展

步伐很快，李經在去年曾回到闊別十

年的故鄉漢城，那裡已是今非昔比

，一片現代化的欣欣向榮，但他的父

母卻為以往所知的傳統的韓國已不復

存在而感到有所失望。如今的韓國人

已不再將美國當作有吸引力的理想之

地，除了出國求學以外，很少有人移

民來美。相反，到是有不少韓裔移民

返回祖國，尤其是在去年洛杉磯發生

排韓暴亂之後，整個韓裔社區受到震

驚，許多人不再留戀美國，而攜家回

歸故裡。他們二人對有些新聞媒體在

報導洛市暴亂時把韓人描寫成「強悍

好鬥、有犯罪傾向」表示不滿，感到

應該讓社會了解韓人的文化背景和傳

統個性。

張義聖和李經在談到，在各洲國

家間，韓國與中國的關係最淵遠流長

，韓國的文字採用了中國的漢字，儘

管現在有了獨立的韓文字，但漢字書

寫仍是韓國的傳統。韓國的歷史、風

俗、文化經濟發展等都與中國有不可

分割的聯繫，韓人一直將中國視為老

大哥。在美國的亞裔中，華裔與韓裔

也一直和睦相處。種族問題一直是美

國這個多元移民國家的主要問題之一

。這兩位韓國青年都是基督徒，張

義聖說，在韓國，佛教本是第一宗教

，能使華裔和韓裔團結一致，為亞裔社

區的共同利益而努力。

在《韓國月刊》發行一年之際，

張義聖和李經在又在準備進一步提高

刊物的文章、紙張和印刷質量，並增

加印數，以便進一步在韓裔和亞裔社

區擴大影響。

色香味俱佳的中式烹飪不一定被老外們喜歡



飲食傳統是全家或共進餐的所有人分享一桌數類菜餚，葷素湯飯互相搭配。既多樣化，又不致於偏食。像該研究報告中所舉的高熱量高脂中菜（宮爆雞），據說其熱量、脂肪、鹽份含量都是一份麥當勞漢堡包（Quarter Pounder）的四倍，但一份漢堡包只能一人吃，而哪位華人會獨吃一盤宮爆雞呢？但美國人卻習慣於每人吃一份飯菜，林志敏就曾見到幾個美國人來吃飯，每人都點一份《陳皮牛》（也是報告中所舉的高熱量葷菜）。許多中餐的服務生都會向美國客人介紹中餐點菜法，使他們不致於每人一葷，吸入過多熱量與脂肪。林志敏還指出，各位廚師的技法也有所不同，有人喜歡用較多的油、醬油和鹽等作料，也有人在忙時顧不上將需過油的肉類的油汁濾淨，這是需做改進的。問起能否為適應美國客人的特點，將菜餚改成小盤裝，或拼盤形式，林志敏認為，這可能會為烹調增加麻煩，而且破壞了整盤中菜的美觀，不太可能馬上改變，不過中餐業可以對此進行商討，以使中菜能以更加科學、營養、健康的聲譽服務於顧客。

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在新開業不久的潮群餐館，東主劉美卿女士也對那篇研究報告的片面表示不以為然。她說近幾週來，不知

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Utilize your environmental lab experience to perform a variety of routine analyses on water, air, and wastewater. You will also perform related duties to assist scientists with the compilation and preparation of data and the use and maintenance of a range of equipment. Candidates must have an Associate's degree or equivalent in Chemistry, Biology or a related scientific/laboratory field with appropriate mathematics courses and 2 years of applicable environment laboratory experience.

Applicants should send their resumes to Human Resources, Massachusetts Water Resources Authority, Charlestown Navy Yard, 100 First Avenue, Boston, MA 02129. FAX: 617-241-6200.

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